



新加坡慈濟
Tzu Chi Singapore

MEDIA INFORMATION

FOR IMMEDIATE RELEASE

TZU CHI HUMANISTIC YOUTH CENTRE x GRIEF MATTERS MOVEMENT
BY MONFORT CARE
SELF-TAUGHT ARTIST PAYS TRIBUTE TO LATE WIFE THROUGH ART
EXHIBITION ON GRIEF, LOSS & HOPE

SINGAPORE, 4 MAY 2022: In collaboration with the [Grief Matters Movement by Monfort Care](#), Tzu Chi Humanistic Youth Centre (HYC) is currently running an art exhibition with the theme of grief, loss and hope from 29 April 2022 to 22 May 2022. Self-taught artist, Mr Tan Meng How is the person behind the exhibition paintings, having created them using very simple art materials in honour of his late wife's memory.

Mr Tan is a stay-alone senior whose spouse passed away more than a year ago from cancer. The couple is childless and he was a primary caregiver to his late wife when she was ill. During his period of grieving, he had expressed a part of himself through his artworks – hoping to instill hope for others despite his existential loneliness and suffering without his beloved companion.

The creation of paintings has given Mr Tan new meaning and purpose in life. With colour and joy clearly evident in his works, he is willing to allow more people to see the hope he holds in his heart. The driving forces behind the exhibition - Tzu Chi Humanistic Youth Centre and Grief Matters, have been promoting mental health for many years through

several ways such as professional counseling and art therapy. Thus, the two parties have decided to work together this time to bring the art creations of amateurs into the community, hoping to raise the public's awareness about mental health issues.

Appended below are the details of the exhibition for your kind attention:

Date: 29 April 2022 to 22 May 2022

Venue: Hot Spot, Broadway II, Entrance Gallery II (Tzu Chi HYC)

望 wàng

An art exhibition on grief, loss & hope
by self-taught artist, Mr. Tan Meng How

29 April to 22 May 2022

Organised by:

MontfortCare

**grief
matters**
A Department of Knowledge 2022



Humanistic
Youth Centre
慈濟人文青年中心





望 wàng

What does 望 (wàng) bring to mind for you?

望(wàng) could mean to observe or gaze into the distance. In this exhibition, we are invited to explore artworks from Mr. Tan's perspective in his creative process.

From 绝望 (jué wàng) to 希望 (xī wàng) - despair to hope; 失望 (shī wàng) to 愿望 (yuàn wàng) - disappointment to wish, Mr. Tan's artworks deeply reflect his personal journey in loss, grief and hope.

Mr. Tan Meng How is a self-taught artist with no formal training. His intricate drawings use simple materials like markers, pen and water-colour - mostly drawn on his lap while seated in his living room chair.

As the sole care-giver to his belated wife, Mdm Lee Geok Lian, he remained steadfast during her illness and after her death. Despite his challenging struggles, Mr Tan's devoted faith and resilience expressed in his artworks hope to encourage others.

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ABOUT TZU CHI HUMANISTIC YOUTH CENTRE

The Tzu Chi Humanistic Youth Centre (HYC) is a non-profit start-up by Tzu Chi Foundation (Singapore) that serves as a platform for youths to learn positive values, meet new people and be inspired. HYC advocates “gratitude, respect, responsibility, courage and resilience” through a Five-Pillar Approach, which encompasses Arts & Culture, Eco Awareness, Volunteerism, Young Parenting and Youth Wellness.

Address:

30A Yishun Central 1, Singapore 768796

ABOUT GRIEF MATTERS MOVEMENT BY MONFORT CARE

Grief Matters is a movement by Montfort Care to rally the community to recognise grief and offer bereavement support. The movement aims to promote bereaved-friendly practices in the community, workplaces and schools, in addition to offering personalised care to the bereaved.

Their team of counsellors and social workers would reach out to any bereaved person, family or community who would benefit from additional support to navigate the experience of losing a significant person.

Address:

1 Lor 2 Toa Payoh, #02-08

Braddell House, Singapore 319637

ABOUT TZU-CHI FOUNDATION (SINGAPORE)

The Buddhist Tzu Chi Foundation is a global non-profit humanitarian organisation founded in 1966 by a Buddhist nun named Dharma Master Cheng Yen in Taiwan. Its missions of charity, medicine, education, humanistic culture and environmental protection have brought relief to over 100 countries.

In 1993, Tzu-Chi Foundation (Singapore) was established, with the organisation's work starting with the Mission of Charity and the goal of relieving poverty, before gradually expanding into the Missions of Medicine, Education, Humanistic Culture, and Environmental Protection over the years. The heart of Tzu Chi is embedded in its name: in Chinese, "tzu" means compassion and "chi," relief.

Address:

Tzu Chi Singapore

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For more information, please visit us at:

- Website - www.tzuchi.org.sg/en/
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